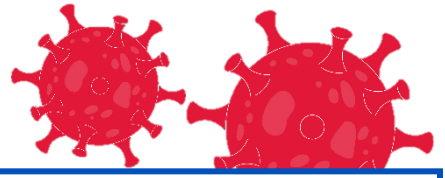


# You've been exposed to COVID-19.



You had close contact, masked or unmasked, indoors or outdoors, with a COVID positive person during their contagious period\*.

## NOW WHAT?

Are you fully vaccinated\* or have you had COVID in the last 3 months?

NO

YES

Have you been tested with a lab (PCR) test?

YES

NO

What was the test result?

Positive

Negative

Stay home in isolation\*. Tell people you were near during your contagious period\* that you have COVID so they can get tested and stay home.

Don't leave isolation\* until your contagious period\* is over, except to get medical treatment.

Once 10 days have passed and you are 24 hours after any fever (if you had one) without fever-reducing drugs, you can go back to school/work, but should still monitor for symptoms until 14 days.

After isolation, start or finish your vaccination as soon as you can.

Visit [www.ProtectKU.edu](http://www.ProtectKU.edu) for more information on quarantine, testing, vaccinations, and other campus health safety information.

You do not have to quarantine\* or isolate\* after being in close contact with someone who has COVID-19, **unless** you develop symptoms.

You should get tested 3 - 5 days after your exposure, even if you don't have symptoms. Wear a mask at all indoor public locations before your test and continue doing so until you get your test results. When you get your test results, follow the appropriate advice below.

If you do develop symptoms, follow the instructions below for people who test positive for COVID-19.

If you are in an area where the CDC recommends it or a place where it is required by a government, business, or institution, wear a mask in all indoor public spaces. Masks are required in all indoor spaces on the KU campus.

If you have not been vaccinated and had COVID in the last 3 months, you should get vaccinated to protect yourself and others.

Schedule a lab (PCR) test now at Watkins (785-864-9500). Testing is critical for your community as well as yourself.

If you have not been fully vaccinated or had COVID recently, stay home in quarantine\*, except to get tested with a lab (PCR)\* test. If you are fully vaccinated or had COVID recently, you can go out but you should wear a mask in public spaces until you receive your result. Once you get a result, follow the appropriate guidance below.

Tell school/work and people you live with or were around recently that you had an exposure.

If you are fully vaccinated or recently recovered from COVID and have no symptoms, you do not need to quarantine or isolate unless you develop symptoms. Everyone else must quarantine\* at home until 10 - 14 days from the time of your last exposure to the contagious person. Follow local public health guidance.

Report your test result to school/work and people you live with or were around recently.

If you are unvaccinated but remain symptom-free for the 10 days, you may be able to go back to school/work at the end of the 10 days, but you should continue to monitor yourself for symptoms through the 14th day. You may want to get tested again within a week of your exposure. If you develop symptoms, follow the instructions for people who test positive for COVID-19.

After the 14th day, start or finish your vaccination as soon as you are able.

**The contagious period** starts 2 days before a person's symptoms began, or 2 days before the day the person got tested, if their lab (PCR) test was positive and they have no symptoms. It lasts through the end of the 10th day after their symptoms started as long as their fever has been gone at least 24 hours without fever-reducing drugs. OR if they have no symptoms, it lasts 10 days after the day of the lab (PCR) test that came back positive.

**Quarantine** - Stay home to wait for test results and the end of a post-exposure period.

**Isolation** - Stay home and avoid others, even the people you live with. Stay in a closed room, wear a mask to use the bathroom, have people leave food, drinks, and medicine at your door, and don't leave home except for medical care.

**Lab (PCR) tests** take several days to return results but are more accurate in the early days of infection than rapid antigen tests that take minutes. A positive result on a rapid test should always be followed up immediately with a lab (PCR) test.

**"Fully vaccinated"** - At least 14 days after a 1-dose vaccine or the second dose of a 2-dose vaccine.